

Lead The Way

Safe Social Distancing

Protect ourselves, our families, the people we see in public and their loved ones simply by keeping a safe distance from one another to avoid infection.



YOU can slow the spread of COVID-19 by keeping a safe distance of at least **SIX FEET** from people outside your home. That's about:

- two shopping carts at the store
- one and a half sidewalk segments
- six large floor tiles
- half a car's length

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Consistent Cleaning

Protection from COVID-19 requires frequent cleaning or sanitizing of hands and surfaces.



YOU can help flatten the curve by **NOT touching your face** with unclean hands and taking these effective actions:

- Wash your hands with soap often, for at least 20 seconds, especially after blowing your nose, coughing, or sneezing.
- Wash or sanitize your hands before and after any public interactions.
- Regularly sanitize frequently touched surfaces such as door handles, devices, keyboards, and countertops.

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Addressing Disruptive Behavior

Our calm, rational reactions to disruptive situations can help everyone around us during these difficult times.



STAY CALM & RESPECTFUL

MAINTAIN 6' SAFE DISTANCE

USE PATIENCE TO HELP SOLVE PROBLEMS



Anxiety, fear, and grief are generating **stress** and **tension** which can combine to erupt in disruptive behavior. To help resolve these situations use the following techniques:

- Always keep your cool
- Treat others as you wish to be treated
- Be the solution rather than fueling the problem
- Remind the disruptive person we're all in this situation